

LIRR : Departure from Hempstead

Train number	701	761	731	755	703	733	757	705	765
Official departure time	02:00	02:10	02:45	03:10	04:00	04:45	05:10	06:00	06:10

Hempstead	D 02:02	D 02:12	D 02:47	D 03:12	D 04:02	D 04:47	D 05:12	D 06:02	D 06:12
Country Life Press	02:04	02:14	02:49	03:14	04:04	04:49	05:14	06:04	06:14
Garden City	02:08	02:18	02:53	03:18	04:08	04:53	05:18	06:08	06:18
Nassau Boulevard	02:10	02:20	02:55	03:20	04:10	04:55	05:20	06:10	06:20
Stewart Manor	02:13	02:23	02:58	03:23	04:13	04:58	05:23	06:13	06:23
Floral Park	02:15	02:26	03:00	03:26	04:15	05:00	05:26	06:15	06:26
Bellerose	02:17	02:28	03:02	03:27	04:17	05:02	05:27	06:17	06:28
Queens Village	02:20	02:30	03:05	03:30	04:20	05:05	05:30	06:20	06:30
Hollis	02:23	02:33	03:08	03:33	04:23	05:08	05:33	06:23	06:33
(Hillside Maint. Complex)	-	-	-	-	-	-	-	-	-
Jamaica	02:28	02:38	03:13	03:38	04:28	05:13	05:38	06:28	06:38
East New-York		02:46		03:45			05:45		06:46
Nostrand Avenue		02:50		03:50			05:50		06:50
Atlantic Terminal		A 02:57		A 03:57			A 05:57		A 06:57
Kew Gardens	-		-		-	-		-	
Forest Hills	-		-		-	-		-	
Woodside	-		-		-	-		-	
New-York Penn	A 02:44		A 03:29		A 04:44	05:29		A 06:44	

Marks :

- The schedules are accurate to plus or minus 1 minute.
- All times indicated are departure times, except for terminals where these are arrival times.
- Example: Departure time 04:15 - The train leaves between 04:14:30 and 04:15:30.
- Stopping in station is usually 35 seconds.
- No trains are scheduled to stop at Hillside Maintenance Complex.

LIRR : Departure from Hempstead

Train number	735	759	707	767	737	785	709	769	739
Official departure time	06:45	07:10	08:00	08:10	08:45	09:10	10:00	10:10	10:45

Hempstead	D 06:47	D 07:12	D 08:02	D 08:12	D 08:47	D 09:12	D 10:02	D 10:12	D 10:47
Country Life Press	06:49	07:14	08:04	08:14	08:49	09:14	10:07	10:14	10:49
Garden City	06:53	07:18	08:08	08:18	08:53	09:19	10:11	10:18	10:53
Nassau Boulevard	06:55	07:20	08:10	08:20	08:55	09:22	10:13	10:20	10:55
Stewart Manor	06:58	07:23	08:13	08:23	08:58	09:25	10:16	10:23	10:58
Floral Park	07:00	07:26	08:15	08:26	09:00	09:27	10:18	10:26	11:00
Bellerose	07:02	07:27	08:17	08:28	09:02	09:29	10:20	10:28	11:02
Queens Village	07:05	07:30	08:20	08:30	09:05	09:32	10:23	10:30	11:05
Hollis	07:08	07:33	08:23	08:33	09:08	09:35	10:26	10:33	11:08
(Hillside Maint. Complex)	-	-	-	-	-	-	-	-	-
Jamaica	07:13	07:38	08:28	08:38	09:13	09:40	10:31	10:38	11:13
East New-York		07:45		08:46		-		10:46	
Nostrand Avenue		07:50		08:50		-		10:50	
Atlantic Terminal		A 07:57		A 08:57		A 09:56		A 10:57	
Kew Gardens	-		-		-		-		-
Forest Hills	-		-		-		-		-
Woodside	-		-		-		-		-
New-York Penn	A 07:29		A 08:44		A 09:29		A 10:47		A 11:29

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Train number	787	725	711	771	741	789	713	773	743
Official departure time	11:10	11:30	12:00	12:10	12:45	13:10	14:00	14:10	14:45

Hempstead	D 11:12	D 11:34	D 12:02	D 12:12	D 12:47	D 13:12	D 14:02	D 14:12	D 14:47
Country Life Press	11:14	11:36	12:04	12:14	12:49	13:14	14:04	14:14	14:49
Garden City	11:19	11:41	12:08	12:18	12:53	13:19	14:08	14:18	14:53
Nassau Boulevard	11:22	11:44	12:10	12:20	12:55	13:22	14:10	14:20	14:55
Stewart Manor	11:25	11:46	12:13	12:23	12:58	13:25	14:13	14:23	14:58
Floral Park	11:27	11:49	12:15	12:26	13:00	13:27	14:15	14:26	15:00
Bellerose	11:29	11:52	12:17	12:28	13:02	13:29	14:17	14:28	15:02
Queens Village	11:32	11:55	12:20	12:30	13:05	13:32	14:20	14:30	15:05
Hollis	11:35	11:58	12:23	12:33	13:08	13:35	14:23	14:33	15:08
(Hillside Maint. Complex)	-	-	-	-	-	-	-	-	-
Jamaica	11:40	12:02	12:28	12:38	13:13	13:40	14:28	14:38	15:13
East New-York	-	12:10		12:46		-		14:46	
Nostrand Avenue	-	12:15		12:50		-		14:50	
Atlantic Terminal	A 11:56	A 12:21		A 12:57		A 13:56		A 14:57	
Kew Gardens			-		-		-		-
Forest Hills			-		-		-		-
Woodside			-		-		-		-
New-York Penn			A 12:44		A 13:29		A 14:44		A 15:29

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LIRR : Departure from Hempstead

Train number	791	727	715	775	745	793	717	777	747
Official departure time	15:10	15:30	16:00	16:10	16:45	17:10	18:00	18:10	18:45

Hempstead	D 15:12	D 15:34	D 16:02	D 16:12	D 16:47	D 17:12	D 18:02	D 18:12	D 18:47
Country Life Press	-	15:36	-	-	-	-	-	-	-
Garden City	-	15:41	-	-	-	-	-	-	-
Nassau Boulevard	-	15:44	-	-	-	-	-	-	-
Stewart Manor	-	15:46	-	-	-	-	-	-	-
Floral Park	15:20	15:49	16:10	16:25	16:55	17:20	18:10	18:20	-
Bellerose	-	15:52	-	-	-	-	-	-	-
Queens Village	-	15:55	-	-	-	-	-	-	-
Hollis	-	15:58	-	-	-	-	-	-	-
(Hillside Maint. Complex)	-	-	-	-	-	-	-	-	-
Jamaica	15:28	16:02	16:18	16:33	17:04	17:29	18:18	18:29	19:05
East New-York	-	16:10		-		-		-	
Nostrand Avenue	-	16:15		-		-		-	
Atlantic Terminal	A 15:44	A 16:21		A 16:49		A 17:45		A 18:45	
Kew Gardens			-		-		-		-
Forest Hills			-		-		-		-
Woodside			-		-		-		-
New-York Penn			A 16:34		A 17:20		A 18:34		A 19:28

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LIRR : Departure from Hempstead

Train number	795	729	719	779	749	797	721	781	751
Official departure time	19:10	19:30	20:00	20:10	20:45	21:10	22:00	22:10	22:45

Hempstead	D 19:12	D 19:34	D 20:02	D 20:12	D 20:47	D 21:12	D 22:02	D 22:12	D 22:47
Country Life Press	19:14	19:36	20:04	20:14	20:49	21:14	22:04	22:14	22:49
Garden City	19:19	19:41	20:08	20:18	20:53	21:19	22:08	22:18	22:53
Nassau Boulevard	19:22	19:44	20:10	20:20	20:55	21:22	22:10	22:20	22:55
Stewart Manor	19:25	19:46	20:13	20:23	20:58	21:25	22:13	22:23	22:58
Floral Park	19:27	19:49	20:15	20:26	21:00	21:27	22:15	22:26	23:00
Bellerose	19:29	19:52	20:17	20:28	21:02	21:29	22:17	22:28	-
Queens Village	19:32	19:55	20:20	20:30	21:05	21:32	22:20	22:30	-
Hollis	19:35	19:58	20:23	20:33	21:08	21:35	22:23	22:33	-
(Hillside Maint. Complex)	-	-	-	-	-	-	-	-	-
Jamaica	19:40	20:02	20:28	20:38	21:13	21:40	22:28	22:38	23:09
East New-York	-	20:10		20:46		-		22:46	
Nostrand Avenue	-	20:15		20:50		-		22:50	
Atlantic Terminal	A 19:56	A 20:21		A 20:57		A 21:56		A 22:57	
Kew Gardens			-		-		-		-
Forest Hills			-		-		-		-
Woodside			-		-		-		-
New-York Penn			A 20:44		A 21:29		A 22:44		A 23:28

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